

# Juliette Lee



## AT A GLANCE

### Education and Training

- BEng (Hon's) 2.1 Chemical Engineering
- Postgraduate Diploma in Psychology
- Postgraduate Diploma in Marketing
- Co-Active Coaching
- NLP practitioner
- Myers-Briggs Type Indicator practitioner
- Vipassana meditation practitioner

### Professional Memberships

- Association for Coaching
- Scottish Writers Centre

### Interesting Stuff

- 'Road to Damascus' experience in 1999
- Annual silent 10-day meditation retreat since 2012
- Published poet and spoken word artist
- Sang with York City Gospel Choir for 5 years
- Ran five half marathons
- Equestrian at 28, western and dressage
- Past Chair of GreenFerry environmental charity



*"Juliette leads you to answer your own questions in a way that is truly inspirational. She has gained the trust of our senior management team, coaching them to become the leaders they really want to be."*

#### Cath Anderson, VP HR, Grass Valley

*"Unravels issues, thoughts and emotions that have been locked away for years. Juliette truly cares and puts everything into it. I have been fortunate to spend time in her presence."*

#### Adam Harris, Vistage Group Chairman

*"Gestamp Chassis Business Unit was formed as part of a global company restructure, creating cultural and functional challenges in our ways of working. Juliette's leadership programme enabled us to meet these challenges and develop our key personnel. Her unique style of interactive learning opened our minds to embrace a more collaborative approach; inspiring, challenging and encouraging each other."*

#### Kevin Potter, Gestamp, BU Programme Management

*"Juliette is a truly exceptional coach. Both my team members and peers have seen a dramatic difference in how I deal with different situations and individuals. After 20 years in industry, she is the first person in any walk of life that I have recommended without hesitation."*

#### John McHale, Business Senior Manager, Tata Steel

## EXECUTIVE COACH PROFILE

Juliette Lee is a former chemical engineer and senior leader in chemicals giant, ICI and Zeneca. Her international career spans process design, production management, sales and marketing, corporate communications, and business management.

From a working-class background in Glasgow's council tenements, Juliette's work is inspired by her profound spiritual awakening which gave her new eyes to see where she did not belong and the courage to change her life and career. Developing her natural people skills as an empath and intuitive, she moved into the world of personal transformation in 2002, trained with the Coaches Training Institute (CTI), became an NLP and MBTI® practitioner, an award-winning speaker for the leading chief executive organisation, Vistage and a published poet and podcast host.

With over two decades of experience in executive and leadership team coaching, Juliette's diverse coaching portfolio spans SME's and public authorities, to entrepreneurs and global giants such as Gestamp, Rio Tinto, Grass Valley, and Vistage.

Juliette has strong insight and gets straight to the heart of an issue holding her clients accountable to becoming the very best in themselves, in a way that is both compassionate and challenging. She has consistently delivered results that transcend industry boundaries.

Dedicated to her own growth, Juliette has written a daily dream journal for over twenty years and practised vipassana (insight) meditation since 2012, attending a 10-day silent retreat each year.

Juliette returned to her native Scotland in 2013 and now lives between Edinburgh and Granada, where she rides regularly in Las Alpujarras and develops her Spanish language skills. Her poetry has appeared in various publications, and she aspires to write in Spanish one day.

## INDUSTRY EXPERIENCE

Petrochemicals, Oil and Gas, Mining, Biopharmaceuticals, Speciality Chemicals, Broadcasting, Automotive, Public Health

## AREAS OF EXPERTISE

- Situational development to enhance leadership style
- Building personal impact and presence
- Increasing self-awareness and emotional intelligence
- Creating high performing leadership teams
- Transitional development for next position
- Developing female leaders
- Facilitating deep dive retreats
- Creating purpose-driven culture