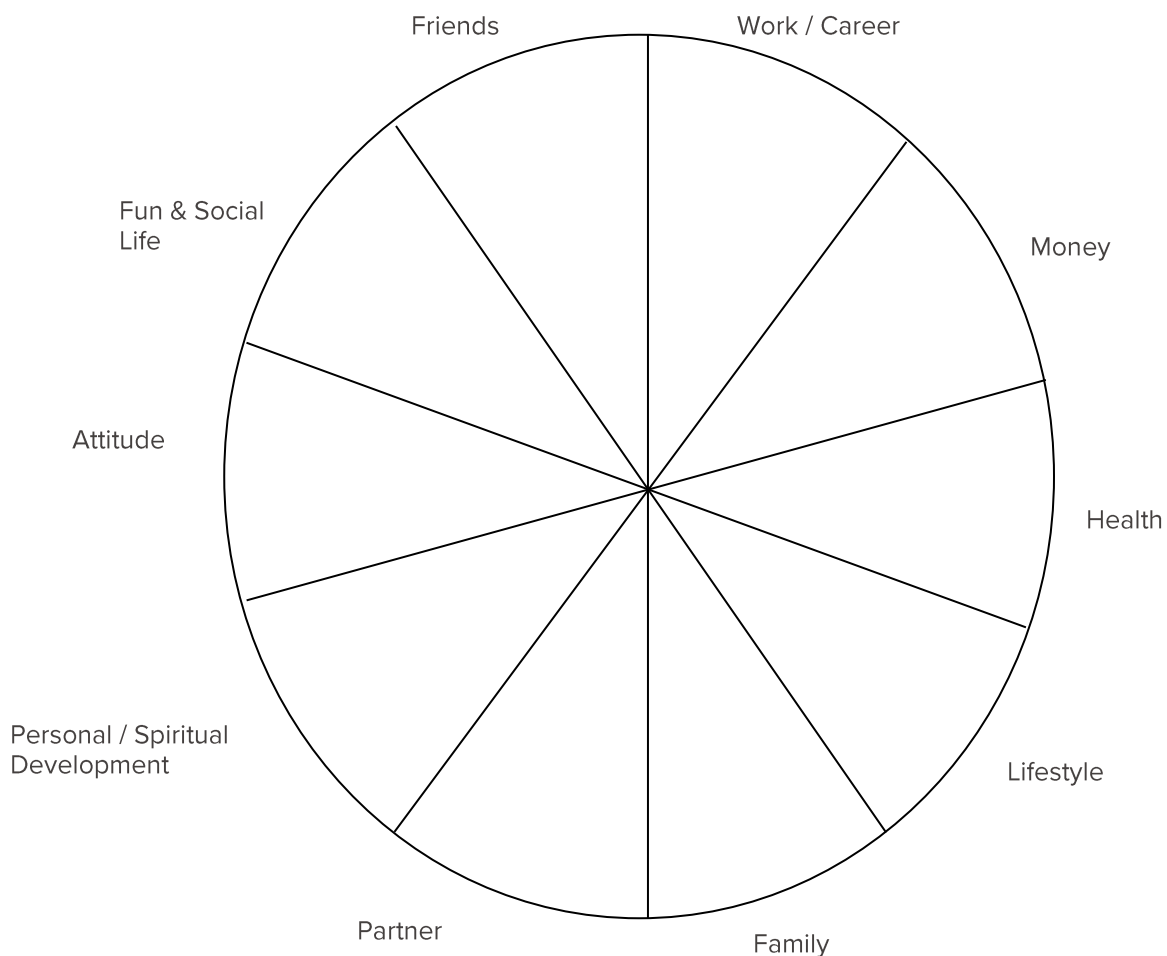


Juliette Lee

Coaching • Workshops & Retreats • Speaking

Wheel of Life

In each category, record a score from 0 to 10 that reflects your personal fulfilment and satisfaction with your *present* situation. Please resist the temptation to over-analyse. Address each area briefly and select an appropriate score based on your initial feeling on a scale of **0 totally dissatisfied** up to **10 completely satisfied**.



Life engenders life. Energy creates energy. It is by spending oneself that one becomes rich.

Sarah Bernhardt

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