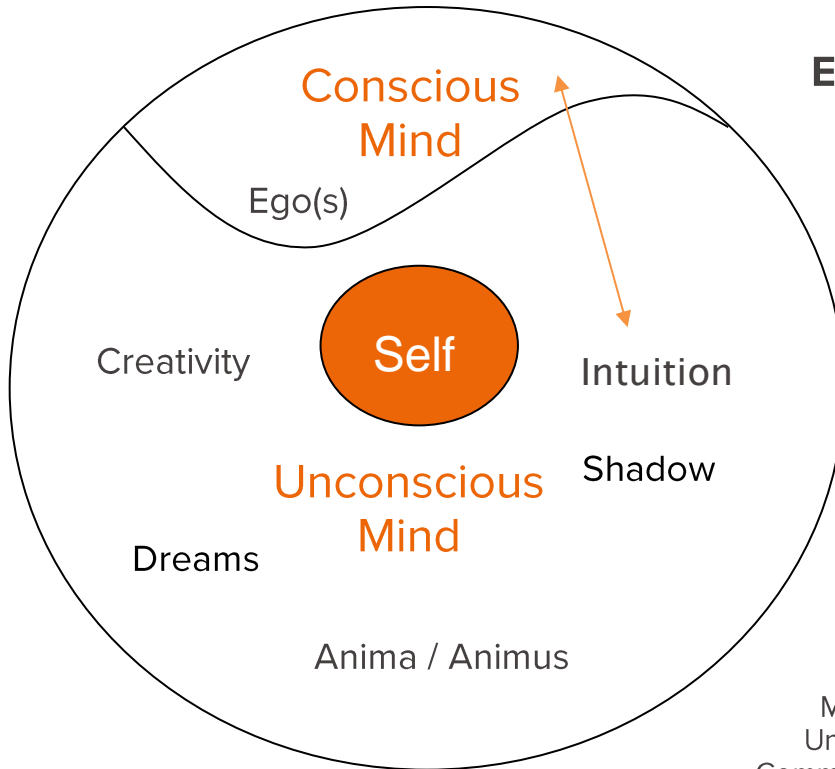


# Juliette Lee

Coaching · Workshops & Retreats · Speaking

## Psyche



### Ego (s)

Conditioned Response  
Blindness  
Fear  
Control  
Known  
Micro  
Personal will  
Individual

### Self (S)

Choice  
Awareness  
Trust  
Flow  
Interdependence  
Unknown  
Macro  
Universal will  
Community

- **Self (S)** - centre of unconscious and conscious mind, source of integration.
- **Ego(s)** - developed through influences from birth.
- **Shadow** - feelings, traits and qualities that are repressed from conscious awareness.
- **Unconscious mind** - everything unknown, source of vitality and creative energy.
- **Conscious mind** - the rational, self-aware aspect of the mind governed by the ego.
- **Intuition** – perception via the unconscious.
- **Animus** - unconscious masculine side of a woman.
- **Anima** - unconscious feminine side of a man.

”

The intuitive mind is a sacred gift and the rational mind a faithful servant. We have created a society that honours the servant and has forgotten the gift.

**Albert Einstein**

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