

Juliette Lee

Coaching • Workshops & Retreats • Speaking



Biography

With over fifteen years of experience coaching business professionals and entrepreneurs, Juliette brings a refreshingly different approach to leadership development and personal transformation.

A former chemical engineer with a decade of experience at senior management level with chemicals giant ICI, her international career spanned process design, production management, sales and marketing, corporate communications and business management. It was worlds away from her working-class background in the council tenements of Glasgow. And, however successful her life looked from the outside, everything was about to change.

On 20th February 1999, she experienced a profound spiritual awakening. She could see her own energy field and for several hours felt an inner peace and connection beyond anything she had ever known. This paradigm shift in consciousness gave her new eyes to see where she no longer belonged and the courage to surrender to the long and difficult path of personal transformation and re-orientation of her life.

She moved into the world of coaching, trained with The Coaches Institute, and became an NLP, MBTI® and energy practitioner as well as an award winning speaker for the leading chief executive organisation, Vistage. Ironically, her former training in applied physics has proved invaluable in the field of personal alchemy.

Dedicated to her own development, she regularly uses dreams, creative writing, meditation and yoga as tools for personal transformation. She has written a daily journal for almost twenty years and has been a practitioner of vipassana meditation as taught by S N Goenka since 2012, attending a 10-day silent retreat each year.

Having based most of her professional life in the industrial north of England, she returned to her native Scotland in 2013 and now lives in Edinburgh, where she also chairs GreenFerry, a local environmental charity, and follows her huge passion for horses and poetry.

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