

Juliette Lee

Coaching · Workshops & Retreats · Speaking

Executive Coach Profile

Juliette Lee is a former chemical engineer with a decade of experience at senior management level with chemicals giant, ICI. Her international career spans process design, production management, sales and marketing, corporate communications and business management.

She moved into the world of executive development in 2002, trained with the Coaches Training Institute (CTI), became an NLP and MBTI® practitioner and an award-winning speaker for the leading chief executive organisation, Vistage.

With over 15 years of professional practice, Juliette's intuitive and empathic approach has catalysed the awakening of hundreds of business leaders and entrepreneurs. She has an innate ability to identify the blocks holding you back and breakthrough to sustainable changes in your professional and personal life.

Her portfolio includes automotive group Gestamp, Ball Corp, Grass Valley (A Belden Brand), Public Health England, Rio Tinto, SME's and Vistage to name just a few.

Dedicated to her own growth, Juliette regularly attends a wide variety of programmes from transpersonal coaching to energy psychology, and uses dreamwork, creative writing, shadow work, meditation, shamanic practice and yoga as tools for personal transformation.

She has written a daily journal for over twenty years working with her own dream material, and practised vipassana (insight) meditation since 2012, attending a 10-day silent retreat each year.

Juliette returned to her native Scotland in 2013 and now lives near Edinburgh where she follows her passion for horses and poetry.

Qualifications

Co-Active Coaching
Transpersonal Coaching
MBTI practitioner
NLP practitioner
Association for Coaching member
CIM Dip Marketing
BEng (Hons) Chemical Engineering

Industry experience

Petrochemicals
Oil and gas
Speciality chemicals
Biopharmaceuticals
Broadcasting
Manufacturing
Mining
Public health
Automotive

Charity

Chair GreenFerry Trust (2014-2018)
Dove Tales Association of Artists for Peace

Intervention specialisms

- Building personal mastery and impact
- Developing inner and spiritual side of leadership role
- Creating purpose-driven culture
- Integrating spiritual development into day-to-day work life
- Deep dive executive retreats
- Creating high performing teams
- Developing female leaders
- Navigating spiritual crisis and dark night

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